

# Canadian WLRC Shooting Terms of Reference

## Annex One

### Roadmap to the Podium

#### Teams Goals

	<b>Palma team **</b>	<b>Veterans team</b>	<b>U-25 team</b>
<b>Long-term (2031)*</b>	Podium	Top 2	Top 2
<b>Mid-term (2027)</b>	Top 5	Top 3	Top 3
<b>Short term (2023)</b>	Place 8 shooters in top 50 of the field	Top 3	Top 4

**\* If held in Canada**

**\*\* If team size = 12**

Items with asterisks are assumptions; goals should be revised if condition not met.

For Palma team 2023 goal, current evidence reflects the lack of depth, quality of shooters needs improvement and progression.

Discussion is needed about a roadmap to achieve these goals to be annexed.

## **Team Training Plan**

The Teams training activities requires both a short term tactical (2023) as well as a long term strategic (2031) approach to all training activities.

All three components of the WLRC team will have a training plan document for the team available to all team members which should include as a minimum a strategy to create improvement in the following areas. It should not just be a list of what the team is going to do but should also reflect the desire for improvement in all shooting and coaching activities at the personal and team levels.

### **Shooter Improvement Strategies:**

- Written (electronic) instruction
- Assigned Mentors
- Equipment Upgrades & Maintenance
- Required Reading List
- Work Ethic
- Alternate Training (Small-bore, Air gun etc.)
- Physical Fitness needs.
- Measurable improvement index
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### **Coaching Improvement Strategies:**

- Required reading list.
- Assigned Mentors
- Active Coaching Participation (learning on the job)
- Communication and Interpersonal Skills development
- Measurable improvement index